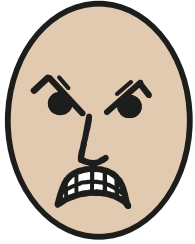


Objectif Auto-régulation

» Box enfants «

Mes émotions



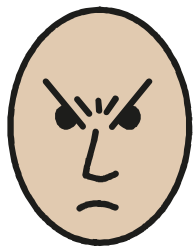
en colère



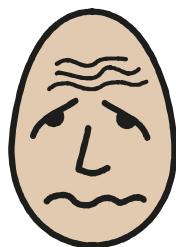
frustré



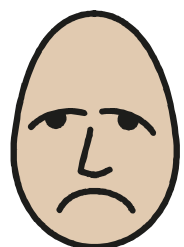
fatigué



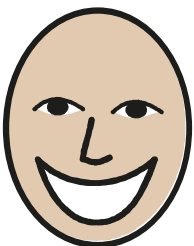
sur-stimulé



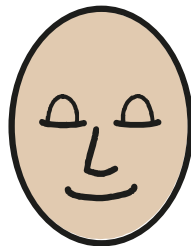
angoissé



triste



heureux



apaisé



bien



Je découpe et je choisis l'émotion correspondante

Objectif Auto-régulation

» Box enfants «

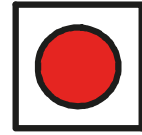
Mes émotions



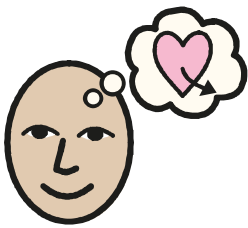
détendu



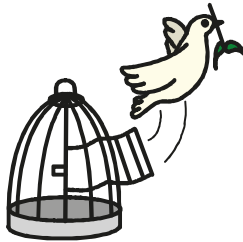
confiant



en paix



optimiste



libre



joyeux



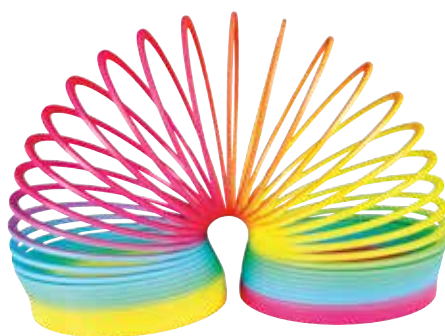
Je découpe et je choisis l'émotion correspondante

Les produits



Je découpe et je choisis un produit

Les produits



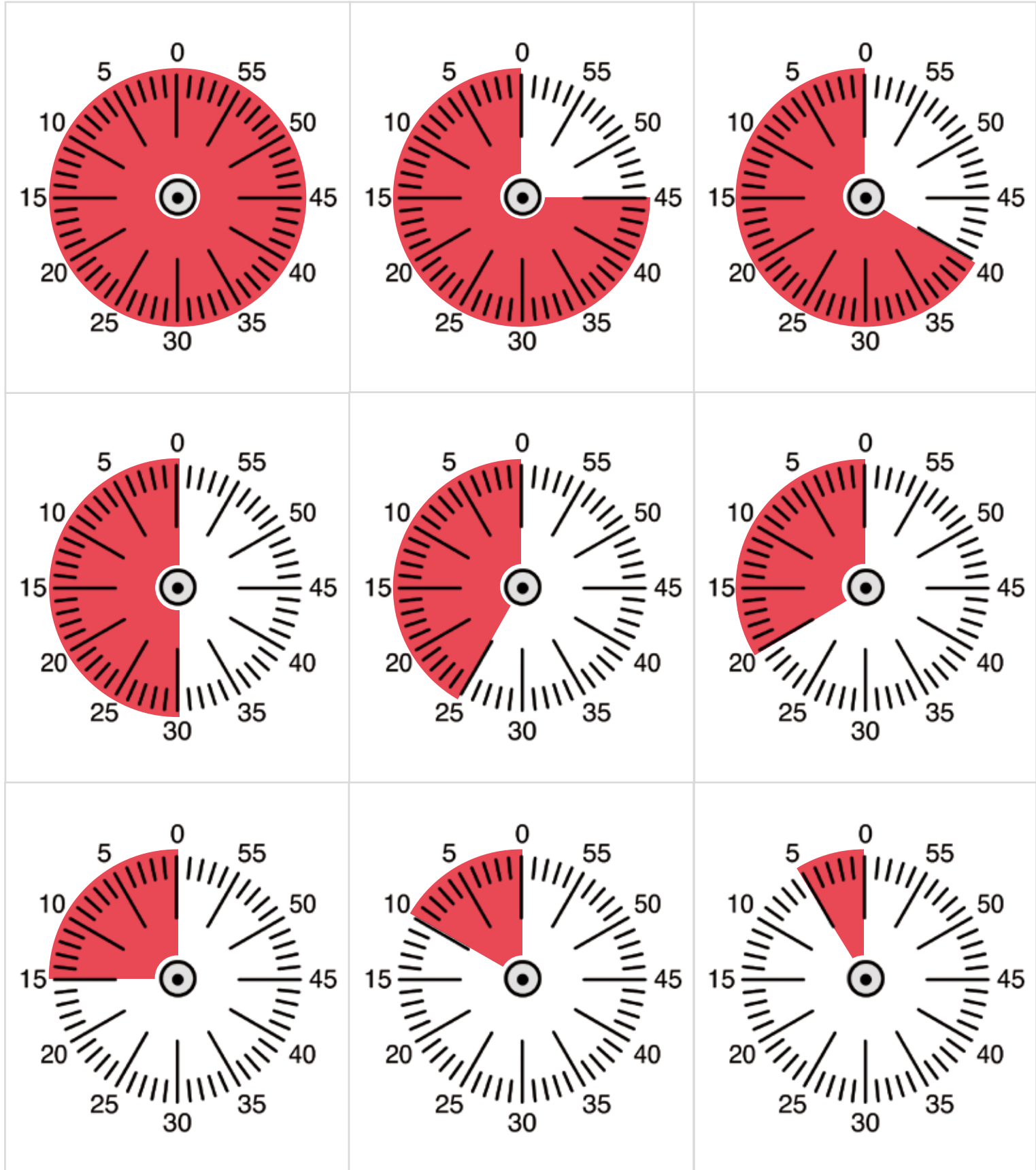
Je découpe et je choisis un produit

Les produits



Je découpe et je choisis un produit

Le temps d'utilisation



Je découpe et je choisis le temps d'utilisation

Objectif Auto-régulation
» — Box enfants — «

Objectif
Auto-régulation
» — Box enfants — «

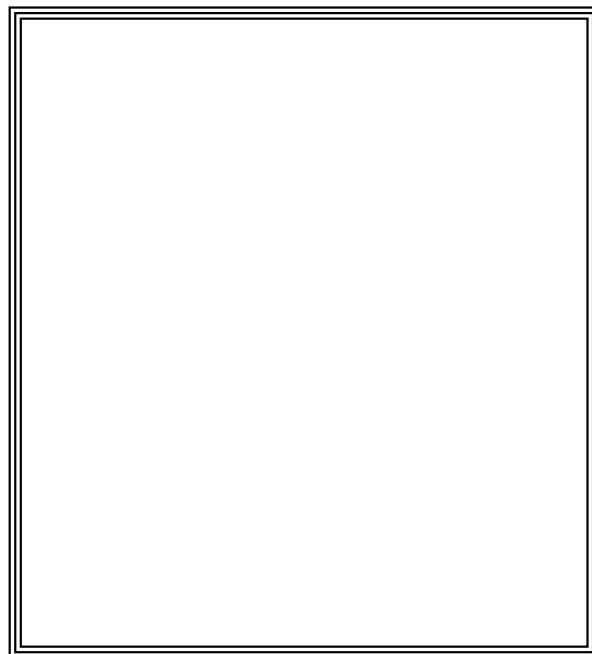
Objectif
Auto-régulation
» — Box enfants — «



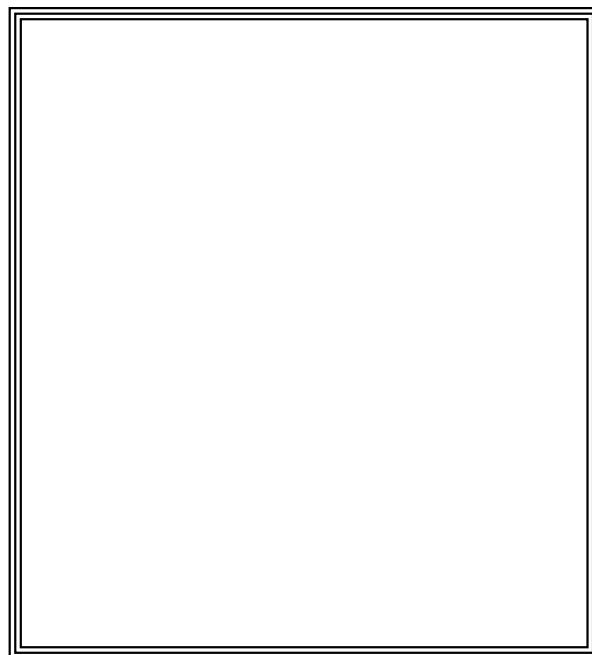
Etiquettes à coller sur la box

Objectif auto-régulation

Je me sens

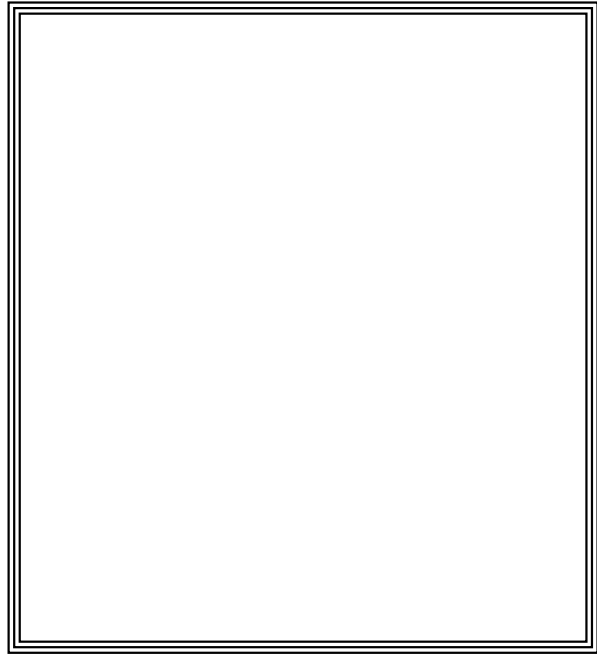


J'ai besoin de

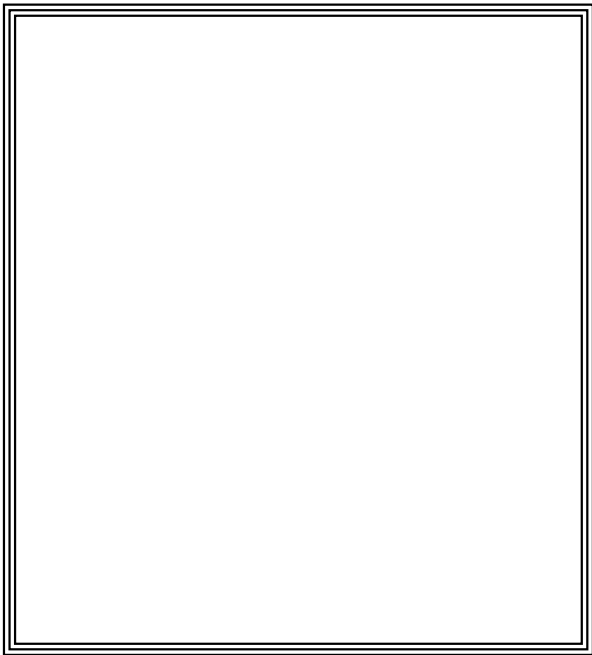


Objectif auto-régulation

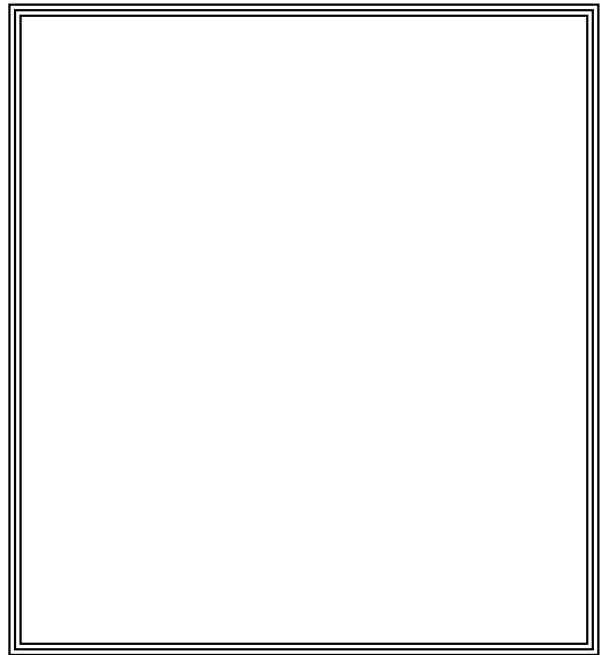
Je me sens



j'ai besoin de

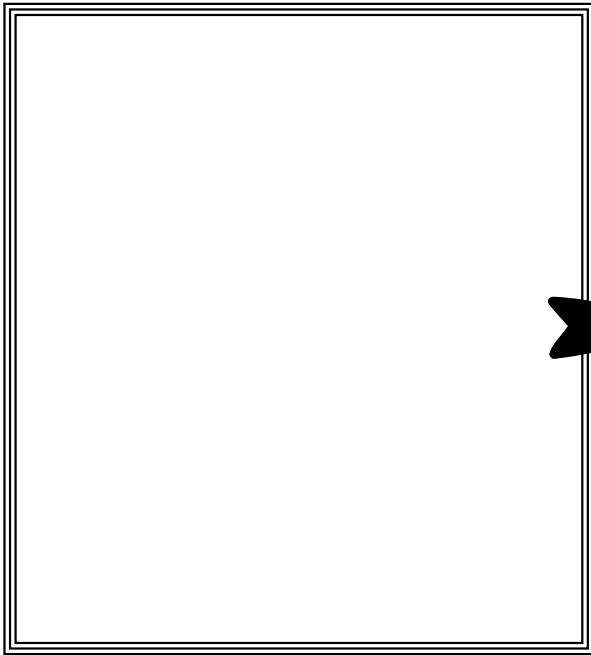


pendant

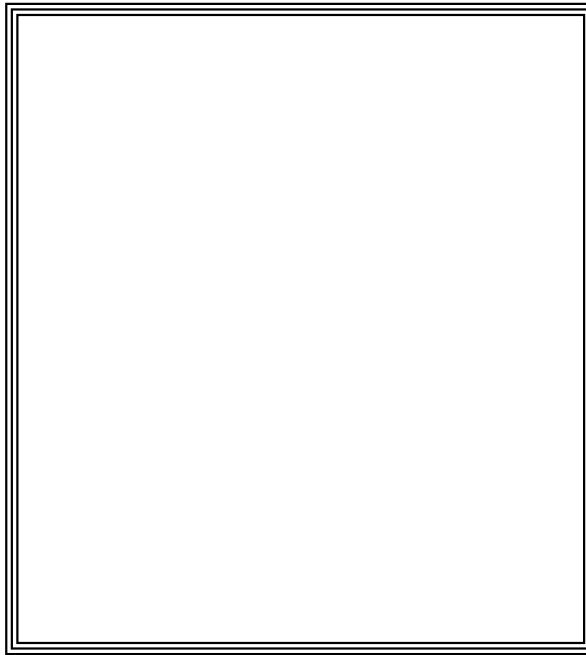


Objectif auto-régulation

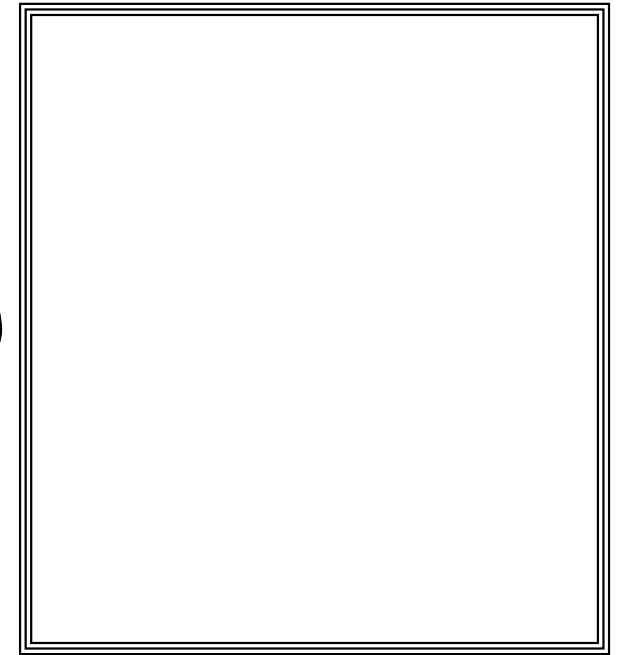
Je me sens

A large, empty rectangular box with a double-line border, intended for a user to write or draw their current feelings.

j'ai besoin de

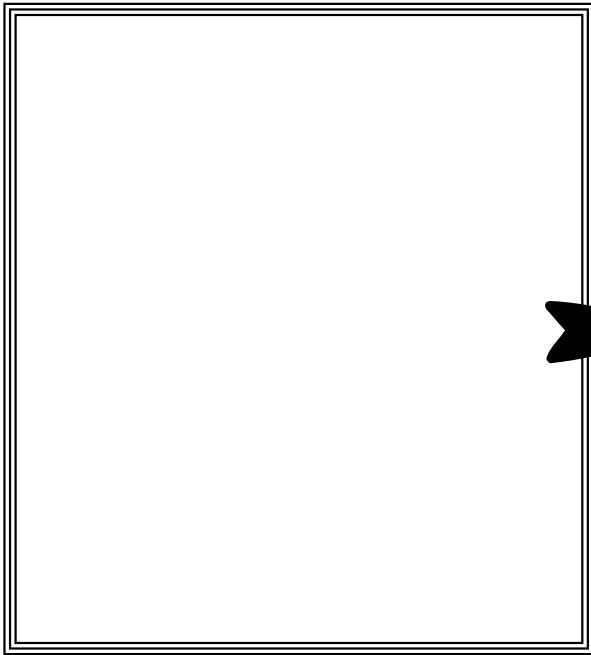
A large, empty rectangular box with a double-line border, intended for a user to write or draw what they need.

pendant

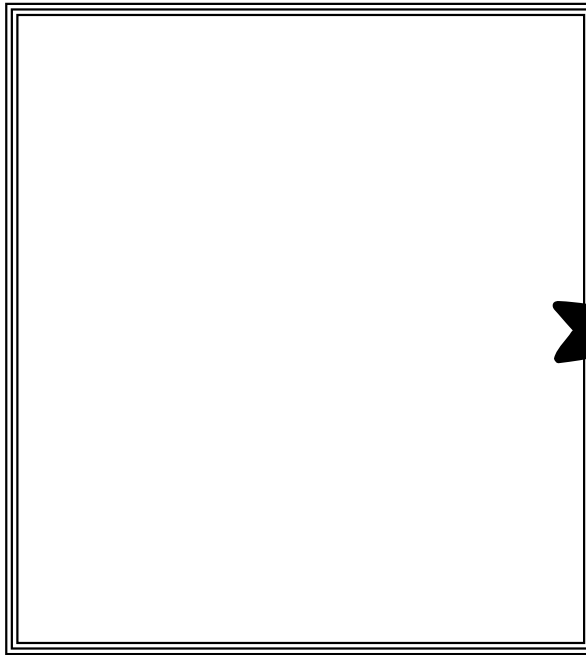
A large, empty rectangular box with a double-line border, intended for a user to write or draw what they need during a specific time.

Objectif auto-régulation

Je me sens



j'ai besoin de



je me sens

